

## The Possibles/Get Home Bag

As your levels of preparedness move up the ladder, from the first step at EDC, you now enter the world of Bags. This is the first bag, and is designed to help you get by for one full day and also be useful for items you may need for everyday situations. This bag should be close enough that you can get to it without much difficulty.

For example, Lisa and I both have one of these bags, set up for our personal needs and basic equipment. Our bags stay in our vehicles since EDC will allow me to get to this bag no matter where we are and when we travel together, we put both bags in one vehicle.

As I mentioned, this bag also serves a daily purpose. If you're taking a trip to the lake and get a headache, guess what's in the bag, aspirin. Forgot the sunscreen, oh yea, it's in the bag. You may find, that set up right, you will use it more for daily things than the real SHTF moments.

So let's look at SOME of the things you might put in it. Since "Prepping is Personal", your bag will look different than everyone else's.

### *Adult Bag*

- Bag (Small Day Pack) (go gray or Milspec?)

The choice here; is do you want to draw attention to you or not? Many websites show this bag with a Milspec pack that will draw attention but maybe that's not your choice. The bag that I use is just an everyday style and very gray. I do not want attention drawn to me during an emergency, unless I specifically make that happen. Just walkin along, minding my own business through areas I don't wanna stop in.

## Shelter/Sleeping

- Heatsheet Blanket or Bivy Bag (not a full sleep bag) This is a great way to stay warm or cool without the full bag.
- Nylon Poncho (get a good one) Good for shelter or rain.

## Navigation

*Since we need to get around or from point A to point B, navigating is essential. If your family has the same maps, you can coordinate easier.*

- Map of City and State (planned and marked) Does your family have the same planned meetup points and drive routes?
- Compass and or GPS

## Safety

- LED Flashlight with spare batteries \*
- LED Headlamp and spare batteries
- Chemlights [Good for markers or to put on children at night to help keep track of them.
- Radio AM-FM (small-multi power) News is everything
- Ham or MGRS Radio: If you have your ham license, you may add one of the Boefeng radios. If you're using the MGRS, it only makes sense if there are two of you in close proximity.
- Dust mask (type 95)
- Latex gloves
- Whistle\*
- First Aid kit [IFAK] This does not have to be a full blown kit, just enough to take of your minor issues.
- Signal Mirror

## Fire Start Kit (3 ways to start fire)

- Your main fire kit with both spark and fuel.
- Matches
- Bic style lighter \*
- Magnesium Fire Starter
- Dependable Fire Starter Material | My choice is cotton balls in Vaseline.

## Food/Water

- One gallon of water. Rotate this every 6 months.
- Candy
- Trail Mix / Energy Bars
- Water purification tablets
- Water Container-Stainless Steel-24oz min (Filled)
- Tea or Coffee
- Hot Meal: either a Stripped MRE with Heater or Dehydrated

## Kitchen

- Cup (Stainless 18oz)
- Esbit stove and fuel
- Spork or Utensil Set
- P-51 Can Opener
- Salt-Pepper
- Peppercorn Meat Rub (you never know when you may need it)

## Toilet

- Roll of Toilet Paper
- Feminine Products
- Towel
- Small shovel for toilet and general digging

## Clothing

- Sun hat / knit hat
- Gloves
- Shemag: Sun, Dust, Wind and Cold protection.
- Travel Shoes (now guys always wear the right shoe, but for the gals....)
- Spare Socks: Feet must be protected and kept dry
- Handkerchief
- Change of Clothes: You may want to change from dress to street clothes

## Financial/Documents

- Cash and some change\*
- One set of Photos of Family Members and pets
- Emergency ID Package: This includes Driver's License, Auto Club Card, Proof of current residence, Health Insurance Card etc... Printed copies in Ziplock bag for protection.

## Personal Supplies

- Prescription glasses (backup pair)
- Critical Prescription Meds
- Aspirin, Ibuprofen and other non-prescription pain killers
- Sunglasses \*
- Hand wipes and Hand Sanitizer
- Aspirin-Tylenol-Aleve
- Body Wash (Travel Size)
- Deodorant (Travel Size)
- Hand lotion
- Chapstick \*
- Sunblock
- Insect Repellent
- Dental items: Toothbrush...

## Tools

- Main Survival Knife and Sharpener
- Working Knife-Neck Knife
- Latex Surgical Tubing
- Multi-tool \*
- Mace or Pepper Spray \*
- 50' Cord 550 or Bank Line
- Pencils and Weatherproof Notepad
- Spare Batteries for all items
- Small Binoculars
- 25' Rope and Carabineer
- Safety Pins

## Misc. Items

- Duct Tape (small roll)
- Hand Warmers
- Gallon Ziploc Bags

## Optional Items

- Two way radios (for family comm.)
- Trauma Kit/Blow Out Kit
- Solar Charging kit for batteries and devices
- Small hand axe
- Your own Imagination to add what YOU want in this bag

\* May be part of your EDC